

# 1990 Region 3A Girls Championship at Montevideo on Wednesday, May 30th

**Teams:** Lac qui Parle 97, Redwood Falls-Morton 72, Canby-Minneota 60, Appleton-Milan 38, Wabasso-Sanborn-Lamberton 32, Cottonwood/Echo-Wood Lake 28, Granite Falls/Clarkfield 26, Montevideo 24, Danube-Renville-Sacred Heart 23, Sleepy Eye 18, Tracy-Milroy/Walnut Grove 11, BOLD 11, Ortonville 11, Benson/KMS 11, Lake Benton-Verdi 11, Maccray 10, Hendricks-Ivanhoe 6, Russell-Tyler-Ruthton 6, Belview 1, Balaton 0, Cedar Mountain 0.

## 100

- 1 Moriah Christianson, C-M 13.07
- 2 Sara Sandven, LqP 13.45
- 3 Brenda Bossyut, C/E-WL 13.53
- 4 Sara Egsness, W-S-L 13.76
- 5 Bethany Stoehr, A-M 13.78
- 6 Emily Smith, T-M/WG 13.94

## 200

- 1 Moriah Christianson, C-M 26.82
- 2 Cara Vetter, RF-M 27.33
- 3 Katy DuFrane, A-M 27.53
- 4 Kari Schroeder, D-R-SH 28.44
- 5 Deb Cunningham, Monte 28.52
- 6 Kelly Ree, LqP 28.97

## 400

- 1 Amy Fuhr, W-S-L 61.96
- 2 Jill Johnson, RF/M 62.42
- 3 Lori Caraway, LB-V 62.56
- 4 Marcia Mahlum, D-R-SH 63.58
- 5 Kristi Peterson, LqP 63.75
- 6 Bridget Neutgens, BOLD 63.90

## 800

- 1 Emily Benson, GF/C 2:21.43
- 2 Pam Drietz, C-M 2:24.55
- 3 Nikki Fennern, W-S-L 2:33.99
- 4 Nikki Schemmel, D-R-SH 2:34.19
- 5 Allison Drietz, C-M 2:34.85
- 6 Karna Anderson, B-KMS 2:34.88

## 1600

- 1 Christie Heikes, Monte 5:22.26
- 2 Teresa Erp, C-M 5:26.24
- 3 Beth Radel, RF-M 5:29.19
- 4 Mary VanDenDriessche, T-M/WG 5:45.96
- 5 Mary Mack, BOLD 5:47.90
- 6 Heather Tschaelots, C-M 5:48.63

## 3200

- 1 Carrie Tollefson, LqP 11:36.51
- 2 Christie Heikes, Monte 11:37.18
- 3 Pam Drietz, C-M 12:17.64
- 4 Mary VanDenDriessche, T-M/WG 12:26.58
- 5 Heather Tschaelots, C-M 12:46.88
- 6 Mary Mack, BOLD 12:48.93

## 100 Hurdles (33")

- 1 Kammie Tollefson, LqP 16.39
- 2 Brenda Bossyut, C/E-WL 16.89
- 3 Michelle Breberg, LqP 17.48
- 4 Debra Mumm, B/KMS 17.50
- 5 Dawn Peterson, R-T-R 17.96
- 6 Tonia Bell, Belv 18.00

## 300 Hurdles (30")

- 1 Kammie Tollefson, LqP 46.87
- 2 Brenda Bossyut, C/E-WL 48.44
- 3 LuAnn Monson, A-M 49.07
- 4 Kari Schmidt, RF-M 49.26
- 5 Kristina Ervin, Mac 49.41
- 6 Renee Meyer, A-M 49.96

## 4x100 Relay

- 1 Canby-M 51.91 (L DeSmet, J Dibl, T Bennington, M Christianson)
- 2 Appleton-M 51.92
- 3 Lac qui Parle 52.56
- 4 Danube-R-SH 52.94
- 5 Wabasso-S-L 53.87
- 6 Benson-KMS 54.35

## 4x200 Relay

- 1 Redwood Falls-M 1:49.02 (C Vetter, H Nelson, J Johnson, D Dehnke)
- 2 Lac qui Parle 1:50.61
- 3 Appleton-M 1:50.64
- 4 Canby-M 1:53.49
- 5 Wabasso-S-L 1:53.51
- 6 Danube-R-SH 1:53.78

## 4x400 Relay

- 1 Lac qui Parle 4:09.68 (K Tollefson, M Turnberg, T Rutton, K Peterson)
- 2 Redwood Falls-M 4:12.99
- 3 Ortonville 4:15.24
- 4 Benson-KMS 4:22.03
- 5 Canby-M 4:22.71
- 6 Lake Benton-V 4:23.44

## 4x800 Relay

- 1 Granite Falls-C 10:09.42 (S Vorsberg, H Hempel, A Slettedahl, E Benson)
- 2 Lac qui Parle 10:22.69
- 3 Hendricks-I 10:40.43
- 4 Wabasso-S-L 10:47.65
- 5 Tracy-M/WG 10:57.87
- 6 Benson-KMS 10:59.78

## Shot Put

- 1 Kris Warner, RF-M 39-4
- 2 Teresa Tonsfeldt, LqP 36-2
- 3 Shelly Macek, BOLD 34-3
- 4 Sarah Hanratte, Ort 33-9
- 5 Mary Caraway, LB-V 33-0
- 6 Dori Coler, Monte 32-9

## Discus Throw

- 1 Teresa Tonsfeldt, LqP 117-0
- 2 Vicky Mikkelson, SE 105-9
- 3 Kris Warner, RF-M 104-11
- 4 B Hayes, R-T-R 103-3
- 5 Jess Enggen, C/E-WL 102-8
- 6 Shelly Macek, BOLD 102-7

## Long Jump

- 1 Heidi Nelson, RF-M 17-3
- 2 Mindy Schirm, A-M 16-11.5
- 3 Nikki Dragt, D-R-SH 16-10.75
- 4 Brenda Bossyut, C/E-WL 16-9
- 5 DeeAnn Dehnke, RF-M 16-5.25
- 6 Carin Erickson, A-M 16-3

## High Jump

- 1 Tammy Current, SE 5-3
- 2 Kristina Ervin, Mac 5-2
- 3 Nicole Johnson, GF-C 5-0
- 4 Heidi DeCook, W-S-L 5-0
- 5 Tanya Simonsen, LB-V 5-0
- 6 Denise Dinnel, Ort 4-10

\* Ties Meet Record

\*\* New Meet Record

Notes: